



Breaking Wind



The Newsletter of Frensham Pond Sailability

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Bob Does A Runner, Again!

For the tenth successive year FPS helper Bob Cornwell (husband of FPS sailor Nina) ran in the 30th Fleet half-marathon on Sunday 20th March. To celebrate the occasion, Bob finished 4 minutes faster than last year in a time of 1hr 44mins 29sec, a new personal best!



This is the fifth year in succession that Bob has run on behalf of Frensham Pond Sailability, raising almost £2000 in total. Donations can still be made by simply clicking on the Justgiving link below.

<http://www.justgiving.com/bob-cornwell-11>

Congratulations and our thanks to Bob for another fine effort and many thanks to all of his supporters.

A Message from the Chairman

Kate Richardson, FPS Chairman

I hope everybody is looking forward to the new season which is due to start on Saturday 2 April. A huge thank you must go to Richard Smallwood, FPS Sailing Captain, FPS Bosun Ted Jefferies and the Winter Thursday team who have been working hard to complete the maintenance work over the winter.



Then a few weeks ago a large group of our Thursday volunteers braved the cold and bitter March wind to resurrect the FPS fleet from hibernation and support the race training sessions with Nick Clibborn. A well earned and much appreciated lunch was provided by Carol Clibborn in The Club.

We have a very busy season ahead - we have two new boats arriving very soon to replace two of our older boats. Peter Etherton and Richard Smallwood have worked tirelessly to organize the UK Access National Championships which will be held at Frensham on 10-12 June. Wendy Neal-Smith and Brian Grimwood have been busy planning our 10th Anniversary Celebration on the 29 July (more inside).

I have learnt a huge amount since the AGM and had a lot of support from all of the Committee members, thank you. I am now looking forward to meeting you all over the coming season both on and off the water. Have a great season!

FPS Reception Desk Volunteers Wanted

Mark Greenwood, FPS Membership Secretary

As Kate noted above, the new Sailability sailing season starts on Saturday 2nd April. Hurrah!! An important element in ensuring that all goes as smoothly and enjoyable as possible each day is the **Sailability 'reception desk'**, located in the sailing area.

We are looking for 'volunteers' to help man/woman the desk on Saturday mornings, from approximately 9.45am to 12.45pm. This can be done on a Rota basis, for all or part of the morning, depending upon how many volunteers we get!! The key functions are:

- a) register in all sailors and helpers on their arrival
- b) assist sailors to complete the boat allocation board
- c) provide information on Sailability to visitors and new sailors
- d) generally be welcoming to all!!

Hopefully, not too onerous but very important. Please let me know by email if you can help, or know of anyone - family, friends etc, who might be interested.

Email to: mark.greenwood@btinternet.com

RYA Qualifications Update

Whilst most of us were staying warm indoors in February, FPS helpers and two sailors were busy taking RYA courses at Frensham Pond. Many congratulations therefore to:

RYA Assistant Instructors:

Mark Greenwood (2nd FPS sailor to qualify)
Michael Buttler
Paul Kingston
Derek Pankhurst

RYA Power Boat Level 2 and FPSC Safety Boat:

Lindsay Burns (1st FPS sailor to qualify)
Bruce Dudley
Josh Dudley
Peter Fitzpatrick
Myron Prosser
John Roberts

The Japanese Earthquake

I'm sure you watched the events unfolding in Japan with concern and horror at the scale of the devastation and loss of life. Many of you will recall Nobu-san's visit to Frensham in 2009. Thanks to Kaz we are pleased to report that Nobu-san and the sailors some of us met at

the Worlds were not directly affected (neither was Kaz's mother thankfully). However Nobu-san is concerned about the Sailability clubs and people in the north of Japan who are located nearer the quake. Our best wishes to all and our thoughts are with you.

The 2011 UK Access Nationals

Richard Smallwood, FPS Sailing Captain

Frensham Pond will host the UK National Championships for the Access Classes from Friday 10th to Sunday 12th June 2011. Many of our sailors have already been practising during March to brush up their racing skills. Committee members have also been hard at work to ensure that the event runs smoothly and that the visitors to "our" Pond enjoy the experience. We have already received entries from Australia and the Netherlands to add an international dimension.



We now need helpers to let us know their availability so that we can be sure of having enough people to help visitors as well as our own sailors on all three days and to crew Safety Boats, Galley etc. The Sailability session for Thursday 9th June has been transferred to Friday 10th June so that there will be Sailability in the morning and a chance for the competitors to go afloat for a training and familiarisation session in the afternoon.



Sailors wishing to take part in the Championships in

a club boat should apply to Access Class Captain, Peter Etherton. Get your bid in quickly as many boats are already spoken for.

When these Championships were held at Frensham Pond in 2006, the best results were achieved by Laura and Rob Wright, 2nd in the Access 303W class, and Adrian Porter, 2nd in the Liberty class. Since then our sailors have won the 303W and 2.3 classes in the UK and French National Championships, so we hope for more success this year.

Helpers are asked to email me, Richard, at richnang@btinternet.com and let me know how many days they can help so that tasks can be allocated, and numbers for the free helpers' lunches on Saturday and Sunday can be estimated.

IF YOU ARE AVAILABLE TO HELP DO PLEASE GET IN TOUCH.

10th Anniversary Celebrations Friday 29th July

Brian Grimwood

As many of you will already know, Frensham Pond Sailability will be celebrating its 10th birthday this year!

The official anniversary date is 22nd September. The photo below shows the official 'launch' party, which included Lord Wakeham, who was the patron of the fundraising campaign, and Virginia Bottomley, then our local MP, and the Mayor of Waverley Borough Council.



Plans are now well in hand for an Anniversary Celebration to be held on **Friday 29th July**. The primary objectives of the event are to demonstrate, to our supporters, our achievements since 2001 and to show the current range of our activities. It is also hoped that this will provide the foundation for their continued support over the next decade.

There will be a display of sailing and racing on the Pond by our sailors, together with an on-shore display

of boats and Frensham Pond Sailability's achievements over the past decade.

Because of the potential attendee numbers and Clubhouse capacity limitations, the activities will be split into two phases:

Phase 1, running from approximately 5 – 6.30pm, will primarily be aimed at our guests and invited dignitaries.

Phase 2 – from 6.30 to around 9.00pm, will be for all Sailability members and will be run on similar lines to our traditional summer BBQ, including musical entertainment etc.



Unfortunately, until we have a clearer idea of guest attendances, we won't know how many Sailability members we will be able to accommodate during phase 1. I do hope you will bear with us on this. Clearly there will be an overlap, particularly for Sailability members participating in the sailing displays, looking after guests etc.

The event is being masterminded by Wendy Neal-Smith, supported by Carol Clibborn and Brian Grimwood. Further information on the day will be issued in due course, but please contact any of the organising trio if you have any queries in the interim.

Fingers crossed for our traditional good weather for the summer BBQ!

In The Pink...

Martin Treadway

When I was much more able bodied in the early '80s, I went out to Lake Geneva and Avoriaz for a Ski Topper regatta in late March.

The 'Lake' (Lac Léman) was about 7 miles wide by 30 miles long with a water temperature of about 2°C. It was also very windy and launching was very hairy, as shown in the photograph below.



I won the 3-day regatta in a very mixed international fleet and then embarked on part 2 of the event - two day's downhill racing and 7 kilometers of 'Ski de Fond' (cross country skiing) at Avoriaz - about 10 miles vertically upwards from the regatta venue at Thonin-les-Bains.

I had never even seen skis at close range and after 10 mins 'practice' in the car park, I was hauled on to a big lift and ejected at a halfway café where I hit the forest of planted skis at high speed, annoying a great many experts who were dining there!

After several perilous descents over the next two days, I had just about started to get the hang of it when it was all over - bar the 7kms cross country on day three - which looked much easier but proved even more painful.

The bindings just trapped your toes and if you fell backward, your feet were pinned to the ground stretching the top of the foot to breaking point. I seem to remember I finished the course after about an hour of exquisite agony.



When the picture of me above was taken I was totally unaware of what was about to happen. My borrowed pink suit was shiny with zero co-efficient of friction. When I fell, I just accelerated away downhill until I found some brakes or hit something!

I've never been near a ski since! I came 24th out of 25 in the ski competition (the 25th guy broke a leg). and 1st out of 25 in the sailing – strangely finishing 4th overall. I've still no idea how!

CALENDAR OF EVENTS APRIL - JULY

APRIL:

2ND – START OF SAILABILITY SAILING SEASON ☺

9TH – HELPER TRAINING, 9AM SHARP!

13TH – TT1 NOTTS COUNTY (NORTHERN SERIES)

27TH – TT2 OXFORD (SOUTHERN SERIES)

30TH – CADET OPEN, LIMITED SAILABILITY SAILING

MAY:

7TH – FPSC WORKING PARTY (AM ONLY)

18TH – TT3 CARSINGTON (NORTHERN SERIES)

21-22ND – FPSC 2.4MR OPEN

24-30TH – EUROPEAN CHAMPIONSHIPS LAKE GARDA

JUNE:

1ST – TT4 BURGHFIELD (SOUTHERN SERIES)

4TH – FPSC OPEN DAY

5 - 11TH - SKANDIA SAIL FOR GOLD WEYMOUTH

9TH – NO SAILABILITY (MOVED TO FRIDAY 10TH)

10TH – SAILABILITY AM & ACCESS NATIONALS COACHING

11/12TH - UK ACCESS NATIONAL CHAMPIONSHIPS

18/19TH – 2.4 OPEN OXFORD

22ND – TT5 WOOLVERSTONE (NORTHERN SERIES)

24-26TH – FRENCH ACCESS NATIONALS (NEAR PARIS)

JULY:

1-8TH – IFDS WORLDS WEYMOUTH

2ND - TT6 PITSFORD (NORTHERN SERIES)

9TH – FPSC 10 HOUR RACE & BBQ

9/10TH – 2.4 TIDAL NATIONALS WEYMOUTH

23RD – TT7 TIDEWAY (SOUTHERN SERIES)

29TH – FPS ANNIVERSARY CELEBRATIONS ☺

Comments & Contributions

Our thanks to all the contributors to this issue. If you would like to contribute an article or photos please contact peter_etherton@btinternet.com